

A WORD TO FAMILY AND FRIENDS ACTING AS CAREGIVERS

Caregiving for an older or disabled family member or friend can be physically and emotionally stressful for both persons involved. Although every situation is unique in some way, CCIL trained professionals have experience dealing with the type of problems you may now be facing. Personal Care Services can also allow family caregivers to take breaks to refresh themselves and maintain their own health.

The earlier you obtain support and assistance, the better able you will be to cope over a long period of time and maintain your own well-being.

If you are a caregiver, or if you need assistance yourself, take the positive step of seeking assistance now. Begin by contacting your local CCIL office listed in this brochure.



For more information, or to make a referral to this Program, please contact the Coordinating Council for Independent Living office nearest you and indicate your interest in Personal Care.

CCIL - BEAVER
P.O. Box 519
Beaver, WV 25813
304-254-8520 866-322-1192

CCIL - CHARLESTON
589 Midway Road
Alum Creek, WV 25003
304-744-1112 800-834-7050

CCIL - ELKINS
501 Wilson Lane, Suite #3
Elkins, WV 26241
304-636-9396 800-834-8060

CCIL - HUNTINGTON
4329 Hughes Branch Road
Huntington, WV 25701
304-733-6415 800-286-1454

CCIL - KEYSER
273 New Creek Highway
Keyser, WV 26726
304-788-9230 866-777-9230

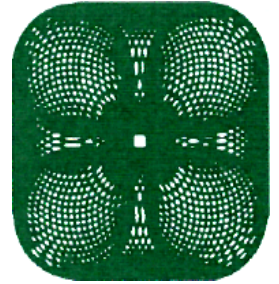
CCIL - MORGANTOWN
1097 Greenbag Road
Morgantown, WV 26508
304-291-9066 800-834-4070

CCIL - WASHINGTON LANDS
87 Swierkos Drive
Moundsville, WV 26041
304-843-2306 800-924-8897

CCIL - PARKERSBURG
183 College Parkway
Parkersburg, WV 26101
304-485-9834 800-559-9526

kp/2006

coordinating
council
for
independent
living



*"celebrating more than 20 years of
excellence"*

PERSONAL CARE SERVICES

DAILY LIVING
ASSISTANCE
IN YOUR HOME

PROVIDED TO
YOU STATEWIDE

WHAT IS PERSONAL CARE?

Personal Care offers in-home assistance with activities of daily living. This Program is designed to allow persons to be cared for in their homes rather than in a long-term care facility such as a group home or nursing home. The Personal Care Services Program is in keeping with the Coordinating Council for Independent Living's (CCIL) mission to empower persons to remain in their own homes and communities and to function as independently as possible, for as long as possible.

DO I NEED PERSONAL CARE

If you or someone you care about requires help with eating, bathing, dressing, grooming, meal preparation, housekeeping or similar tasks, this Program may be able to help.

WHOM DOES THIS PROGRAM SERVE?

CCIL serves people widely varied in age and lifestyle. This assistance can be provided to persons who are elderly, physically disabled, mentally retarded and/or developmentally disabled. CCIL serves both children and adults in need of daily living assistance.

WHO WILL BE DELIVERING THIS SERVICE?

Registered Nurses and Personal Care Aides provide your Personal Care Services. These trained professionals have the experience and skills necessary to give you peace of mind as you or your loved ones are cared for at home.

The Registered Nurse will conduct assessments, write plans for your care and monitor the delivery of direct care services in your home. The Nurse will also serve as a resource person for you and your family. CCIL strives to ensure that you and your family play an active role in planning services. This makes it possible for you to get **the services you need when you most need them.**

The Personal Care Aide will help you with the actual day-to-day tasks needed to keep you independent, such as cooking, bathing, grooming and housekeeping.



WHERE ARE SERVICES DELIVERED?

Personal Care Services are provided to you right in your own home. This allows you and your family to enjoy privacy while receiving services from trained professionals. The Nurse will even travel to your home to conduct assessments and do periodic follow-up.

AM I ELIGIBLE FOR SERVICE?

If you meet the medical criteria for this Program, currently hold a West Virginia medical card (Medicaid) or are Medicaid eligible and are age two or above, you can be served. Your medical condition will be assessed when CCIL has been notified of your interest in Personal Care. Medical need is based on your ability to care for yourself - not on any particular diagnosis. And remember, you only need to call us. We will travel to you to conduct any needed paperwork and assessments.

IS THERE A WAITING LIST FOR THIS SERVICE?

There is no waiting list for this Program. If you meet the eligibility criteria discussed in the paragraph above, you may begin to receive services right away.