A WORD TO FAMILY AND FRIENDS ACTING AS CAREGIVERS

Caregiving for an older or disabled family member or friend can be physically and emotionally stressful for both persons involved. Although every situation is unique in some way, our trained professionals have experience dealing with the type of problems you may now be facing. The services provided through this program can allow caregivers to take breaks to refresh themselves and maintain their own health.

The earlier you obtain support and assistance, the better able you will be to cope over a long period of time and maintain your own well-being.

If you are a caregiver, or if you need assistance yourself, take a positive step of seeking assistance now. Begin by contacting your local Coordinating Council for Independent Living office listed on the back of this brochure.



For more information or to make a referral to this program, please contact the Coordinating Council for Independent Living office nearest you and indicate your interest in the Aged and Disabled Medicaid Waiver Program.

> CCIL - BEAVER P.O. Box 519 Beaver, WV 25813 304-254-8520 866-322-1192

CCIL - CHARLESTON 589 Midway Road Alum Creek, WV 25003 304-744-1112 800-834-7050

CCIL - ELKINS 501 Wilson Lane, Suite #3 Elkins, WV 26241 304-636-9396 800-834-8060

CCIL - HUNTINGTON 4329 Hughes Branch Road Huntington, WV 25701 304-733-6415 800-286-1454

CCIL - KEYSER 273 New Creek Highway Keyser, WV 26726 304-788-9230 866-777-9230

CCIL - MORGANTOWN 1097 Greenbag Road Morgantown, WV 26508 304-291-9066 800-834-4070

CCIL - WASHINGTON LANDS 87 Swierkos Drive Moundsville, WV 26041 304-843-2306 800-924-8897

CCIL - PARKERSBURG 183 College Parkway Parkersburg, WV 26101 304-485-9834 800-559-9526

kp/2006



CASE MANAGEMENT SERVICES

AN ALTERNATIVE TO NURSING HOME CARE

Through the Aged & Disabled Medicaid Waiver Program

PROVIDED TO YOU STATEWIDE



Over 20 years of service

WHAT KIND OF SERVICES ARE PROVIDED BY THIS PROGRAM?

The Aged and Disabled Medicaid Waiver Program offers in-home assistance with activities of daily living. This program was designed to allow persons to be cared for in their own homes rather than in long-term nursing homes.



DO I NEED WAIVER SERVICES?

If you or someone you care about requires help with eating, bathing, dressing, grooming, meal preparation, housekeeping or similar tasks, this program may help.

WHAT DOES "WAIVER" MEAN?

The Aged and Disabled Medicaid Waiver Program is a federally sponsored, state administered program that waives the regular financial guidelines used to determine Medicaid eligibility. Those who meet the modified requirements are given a Medicaid card which covers the services outlined in this brochure as well as specified medications, physician visits, procedures and hospitalizations.

AM I ELIGIBLE FOR THIS SERVICE?

You must be an adult age 18 or over and meet certain medical and financial criteria. Medical criteria will be assessed when CCIL has been notified of your interest in these services. Medical need is based on a person's ability to care for oneself – not on any particular diagnosis. A West Virginia State representative will travel to your home to conduct these assessments. You need only to call us. Financial eligibility will be determined once medical criteria have been established.

WHO WILL BE DELIVERING THIS SERVICE?

Registered Nurses, Case Managers and Homemakers provide a comprehensive package of services. These trained professionals offer expertise, skills, experience and peace of mind that a family might not otherwise be able to access.



The Nurse and Case Manager will conduct assessments, devise plans for your care, and monitor the delivery of direct care services in your home. They will also serve as resource persons for you and your family.

The Homemaker will help you with the dayto-day tasks involved in remaining independent such as cooking, bathing, grooming, transportation and housekeeping.



WHERE ARE THE SERVICES DELIVERED?

The Nurse, Case Manager and Homemaker will deliver services right in your own home. This allows you and your family to enjoy privacy while receiving services from trained professionals.

WHY CHOOSE CCIL?

The Coordinating Council for Independent Living is one of the largest and most experienced agencies providing these services in the state of West Virginia. We have been working with the Aged and Disabled Medicaid Waiver Program since its inception in 1986 and have helped thousands of West Virginian's remain in their own homes as long as possible.

CCIL is a statewide agency providing this program. If you need to relocate anywhere within West Virginia, CCIL will be there to help you through the transition and to provide uninterrupted and consistent care.

CCIL serves people widely varied in age and lifestyle. Our agency adheres to the philosophy that *all* persons have an inherent right to live as independently as possible. We strive to empower those we serve by ensuring that the individual and his or her family have an active role in planning the services that will most closely meet their own needs.